

PE at Newbold School

Aim

We aim to provide a broad P.E. curriculum through a balance of activities (e.g. individual, small group, team, cooperative and competitive) to cater for the individual pupil's needs and abilities. We plan a range of activities that aim to provide children with a sound knowledge of large and small movement control in dance, gymnastic and games. Our varied and flexible teaching styles endeavour to provide appropriate, stimulating, challenging and enjoyable learning situations for all pupils to. Children are taught, from Early Years, to appreciate the importance of good health through physical exercise so that they may begin to understand ways through which they can keep healthy and safe.

We offer both indoor and outdoor P.E. opportunities for children throughout the school. Different experiences for different age groups ensure a range of appropriate challenges are provided as they move through the school.

Organisation

The PE curriculum has been organised to ensure that children in Early Years and both key stages have access to all areas specified in the P.E. National Curriculum (DfE, 2013) and Early Years curriculum (DfE, 2012). We use a two year rolling programme.

Early Years

Opportunities are provided for children to be active and to develop control and coordination through moving and handling activities which involve the use of a range of equipment and involve different spatial activities. Both classes have a structured P.E. lesson each week plus daily opportunities, both indoor and outdoor, to develop physical skills in the classrooms, the hall, the main playground and the Early Years outside area.

Key Stage 1

Opportunities are provided for children to explore and develop their skills in movement and coordination. Children are taught a variety of knowledge, skills and understanding through dance, games and gymnastic activities. Teaching ensures that while children evaluate and improve their performances, connections are made between developing, selecting and applying skills, tactics and compositional ideas - including fitness and health. Activities include: team games, bat and ball skills, dance, athletics, gymnastics and attack/defence games.

Key Stage 2

Children use their creativity and imagination as they learn new skills, find out how to use them in different ways and link them to make actions, phases and sequences of movement. Children enjoy being active and using their creativity and imagination in physical activity. They collaborate, communicate and compete with each other to develop an understanding of how to succeed in different activities, as well as recognising and evaluating their own success.

Children are taught knowledge, skills and understanding throughout the year by engaging in a variety activities including dance, swimming (Yr3/4), athletic and outdoor activities, badminton, football, cricket, rounders, netball and some cross-country.