



## **NEWBOLD SCHOOL PSHE Policy**

***Reviewed September 2022 by Mrs J Crissey (Headteacher) and Mrs V Stanborough (PSHE Manager)***

***Ratified February 2023 by Newbold School Board of Governors.***

***Next Review September 2025***

Our personal, social and health education (PSHE) programme promotes children's personal, social and economic development, as well as their health and wellbeing. It helps to give children the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.

Personal, Social, Health, Economic and Citizenship is at the centre of everything we do at Newbold School. We study these subjects in the classroom as part of the curriculum programme; through everyday school life; in class and whole school assemblies; through cross-curricular opportunities and in ways we care for and nurture one another in the wider school community.

Most of our PSHE areas run alongside our Christian teachings, our Respect Times Five code of behaviour and are often inseparable - e.g. love and respect for our fellow man and the world around us. These are key to the way in which we perceive and treat others and what expectations we set for our own standards of behaviour.

We believe that a broad and balanced PSHE curriculum is the entitlement of all children, regardless of ethnic origin, gender, class, aptitude or disability.

**These are the areas that we concentrate on to ensure a happy and full life. We believe children should:**

- Enjoy and Achieve academically, socially and artistically
- Be Healthy
- Stay Safe
- Have positive and happy relationships
- Enjoy emotional health
- Make a Positive Contribution to school, community and wider world life by word and deed.

The school includes the learning of important values, such as fairness, justice, equality, rights, self awareness, managing feelings, motivation, empathy, social skills, responsibilities, cooperation, respect, trustworthiness, democracy and negotiation.

### **We particularly want to develop:**

- Self-esteem
- Self-awareness
- Positive attitudes
- An understanding of relationships and social skills
- A positive school ethos
- A preparation for adult life
- Opportunities for learning and achievement

We aim to provide a positive experience for all children in all aspects of school life as much as is within our power to do so.

### **We learn about:**

- Making healthy friendships;
- Rules we need to keep us safe, happy and healthy;
- Ways in which other people may be different to us, although not more or less valuable than us;
- How we can feel good about ourselves, understanding the way our bodies change and grow;
- Healthy relationships;
- Drugs that are safe and others that are dangerous;
- How we can stay safe when using the internet;
- Taking care of other people when we can and when it is appropriate to do so;
- How to become a good adult, contributing to our community in a positive way.

### **We learn through**

- Participating in discussion and sharing ideas;
- Personal and shared research;
- Occasional circle time (at teachers' discretion);
- Working in groups;
- Role play;
- Reading stories;
- Inviting visitors to talk to us about their lives and experiences;
- Playing games together;
- Watching films;
- Using computer information and games;
- Facing different life experiences presented to us through each school day.

## **Special Educational Needs and Disabilities**

Constant feedback and discussions between the PSHE subject leader and the class teacher ensures that any SEND children always have full access to the PSHE curriculum through adapted lessons or targeted support.

## **What is Relationships and Sex Education?**

Relationships and Sex Education is the lifelong learning about physical, moral, social and emotional development. It is about the forming of positive relationships that are based on respect, care and empathy.

### **The main elements of Relationship and Sex Education:**

- Attitudes and values
- Personal and social skills
- Knowledge and understanding (RSE Guidelines, DfE2000)
- In order for children and young people to have meaningful relationships, Relationship and Sex Education must be taught effectively and must focus on mutual respect.
- Children are taught how to make responsible and well-informed decisions about their lives, based on self respect.
- Through effective PSHE teaching, children acquire the essential skills they need to keep themselves and others safe.

(See Relationships and Sex Education policy)

### **Handling sensitive questions**

Sometimes a child will ask an explicit or difficult question in the classroom. Questions do not have to be answered directly, and can be addressed individually later. Newbold School believes that individual teachers must use their skill and discretion in these situations and refer to the Headteacher if they are concerned.

### **Assessment and monitoring**

The PSHE subject leader monitors and evaluates the delivery and provision of PSHE at Newbold School by observing lessons, looking at evidence of outcomes and by talking to staff and children.