

PSHE at Newbold School

PSHE is of utmost importance at Newbold School and is integrated into our whole school ethos of Respect x 5, which promotes effective relationships between all members of the school and the wider community. It also underpins all our Newbold learning behaviours as well as being taught as a stand-alone subject. This reflects the understanding that PSHE supports pupils in acquiring the personal qualities and attributes that they will need to help them manage their own lives both now and in the future.

Our approach to PSHE effectively prepares our children to manage their roles as individuals and members of their own families and of society as a whole. It also helps them to manage the wide variety of opportunities, challenges and responsibilities they will face as they grow up in such rapidly changing and challenging times. Our dedication to developing Newbold pupils into healthy, independent and responsible members of society was recognised in our Ofsted report, where it was noted that, "The school's work to promote pupils' personal development and welfare is outstanding."

PSHE underpins everything that pupils experience at Newbold. We actively encourage all pupils to contribute positively to all aspects of school life at Newbold by giving them a wide range of opportunities throughout the school. These include democratically selecting representatives from each year group to be members of our School Council, taking part in Forest School activities, electing representatives for the Eco-School council, organising and helping out at fundraising events, supporting nominated charities during each school year and being involved in various church and community events. This all contributes towards our pupils' developing confidence, self-motivation and an understanding of their own rights and responsibilities within both our school community and the diverse society that we all live in.

At Newbold, we teach PSHE in a range of different ways. All classes teach PSHE as a discrete subject, where we use a combination of materials from Twinkl and Growth Mindset to provide a good balance of lessons that address the personal, social and emotional elements as well as the wider reaching aspects of local and global citizenship. Links are also made through other curriculum subjects where relevant, as well as through a variety of assemblies, educational visits and work within the local community. We also have whole school activities like Fire Service visits, Eco-School topics and Forest School days.

At Newbold School, the Early Years Foundation Stage (EYFS) weaves PSHE topics throughout their daily activities by following the EYFS curriculum for Personal, Social and Emotional Development. Every class from Year 1 to Year 6 follow the PSHE Twinkl scheme of work. Some of the Twinkl scheme topics or order of topics have been changed to tailor the

PSHE curriculum to our Newbold children's individual needs. Through this curriculum, we cover the National Curriculum guidance for PSHE.

Our fully planned and resourced whole-school PSHE scheme of work includes units on British Values, Global Citizenship, Personal Safety, Health, RSE, Mental Wellbeing and more, supporting our school to deliver SMSC provision. Our PSHE planning and resources are fully in line with the PSHE Association Programme of Study and fulfil the statutory requirements for Relationships and Health Education.

The materials we use were firstly assessed by teachers and then shared with parents in parent/teacher PSHE meetings. Parents were also asked to contribute their views through online surveys. The feedback we received throughout this process was very positive. By the end of their time Newbold School children should have respect for themselves, each other, their environment, staff and others in their community by;

- Understanding what constitutes a healthy lifestyle.
- Understanding what makes for good relationships with others.
- Having respect for others regardless of race, gender, identity, beliefs and mental and physical disability.
- Building resilience by adopting a Growth Mindset.
- Being independent and responsible members of the school community.
- Developing self-confidence and self-esteem and making informed choices regarding personal and social issues.
- Developing good relationships with other members of the school and the wider community of Binfield, Bracknell and beyond.
- Being prepared for the opportunities, responsibilities and experiences regarding the next stage of their education and their future adult life.
- Having increased confidence and self-esteem.

PSHE is also to be addressed on a daily basis as questions and incidents arise. At times, teachers may choose to hold a circle-time session in response to a particular event or issue, or maybe an assembly will be focused on a school-wide opportunity for learning. Whole school, key stage assemblies will provide extra opportunities to enhance pupils' spiritual, moral, social and cultural development, promoting our school's values and celebrating achievement.

Teaching Activities will be planned according to the different levels of children's skills and previous knowledge. A range of teaching strategies and learning styles will be used in delivering this policy with an emphasis placed on active learning. These will include: Circle time and class discussion, role-play and drama, visits and visitors. Pupils are also supported

in applying the skills they are learning, in real-life situations as they arise: e.g., resolving conflicts; working as part of a group on a project.

Following the implementation of the broad and balanced PSHE curriculum at Newbold School, children will be respectful, independent, responsible and confident members of society within Binfield, Bracknell and the wider world. They will be equipped with tools to maintain healthy and positive lifestyles with regard to relationships, diet and their own personal identity. As they become more confident throughout the areas of PSHE and progress in the related skills, children will understand their personal role in society.

This impact will be measured by teacher assessment and the use of 'explain it to an alien' assessment sheets. Before each topic is started the children fill out a brief questionnaire asking them what they understand about a certain topic. At the end of the topic the children are asked to answer the same questions again. The class teacher uses formative assessment to check if there has been progression. If there are gaps in a child's learning the teacher and subject lead will help that child progress, through tailored support. Constant feedback and discussions between the PSHE subject leader and the class teacher ensures that any SEND children always have full access to the PSHE curriculum through adapted lessons or targeted support.

The most significant impact that we want for our pupils at Newbold School is to be able to make safe decisions, to develop respect for themselves, to be responsible world citizens and to have respect for all others in our world.

PSHE education also makes a significant contribution to the children's personal development by encouraging them to develop their own personal identities, confidence and self-esteem so that they feel safe and secure enough to have a go and persevere, even when things may be challenging. Additionally, the social aspect of PSHE plays an important part in developing children's empathy and the ability to cooperate with and enjoy healthy and productive relationships with others. These are important qualities and learning behaviours that we promote within pupils and will help our pupils to stay healthy, safe and prepare them for life and work in modern Britain.

Ofsted report quotes:

- Respect for others underpins pupils' experience at this school.
- Pupils show high levels of respect for others because the curriculum and whole-school values strongly underpin their learning in these aspects. Respect is embedded in the fabric of the school through the 'Respect x 5' motto. Pupils show these values routinely in their work and play.