

## PSHE at Newbold School

PSHE is of utmost importance at Newbold School and is integrated into our whole school ethos of Respect x 5, which promotes effective relationships between all members of the school and the wider community. It also underpins all our Newbold learning behaviours as well as being taught as a stand-alone subject. This reflects the understanding that PSHE supports pupils in acquiring the personal qualities and attributes that they will need to help them manage their own lives both now and in the future. Our approach to PSHE effectively prepares our children to manage their roles as individuals and members of their own families and of society as a whole. It also helps them to manage the wide variety of opportunities, challenges and responsibilities they will face as they grow up in such rapidly changing and challenging times. Our dedication to developing Newbold pupils into healthy, independent and responsible members of society was recognised in our most recent Ofsted report, where it was noted that, "The school's work to promote pupils' personal development and welfare is outstanding."

PSHE underpins everything that pupils experience at Newbold. We actively encourage all pupils to contribute positively to all aspects of school life at Newbold by giving them a wide range of opportunities throughout the school. These include democratically selecting representatives from each year group to be members of our School Council, organising and helping out at fundraising events, supporting nominated charities during each school year and being involved in various church and community events. This all contributes towards our pupils developing confidence, self-motivation and an understanding of their own rights and responsibilities within both our school community and the diverse society that we all live in.

At Newbold, we teach PSHE in a range of different ways. All classes teach PSHE as a discrete subject, where we use a combination of materials from SEAL, Go-Givers and Growth Mindset to provide a good balance of lessons that address the personal, social and emotional elements as well as the wider reaching aspects of local and global citizenship. Links are also made through other curriculum subjects where relevant, as well as through a variety of assemblies, educational visits and work within the local community. PSHE education also makes a significant contribution to the children's personal development by encouraging them to develop their own personal identities, confidence and self-esteem so that they feel safe and secure enough to have a go and persevere, even when things may be challenging. Additionally, the social aspect of PSHE plays an important part in developing children's empathy and the ability to cooperate with and enjoy healthy and productive relationships with others. These are important qualities and learning behaviours that we promote within pupils and will help our pupils to stay healthy,

safe and prepare them for life and work in modern Britain.

Ofsted report quotes:

- Respect for others underpins pupils' experience at this school.
- Pupils show high levels of respect for others because the curriculum and whole-school values strongly underpin their learning in these aspects. Respect is embedded in the fabric of the school through the 'Respect x 5' motto. Pupils show these values routinely in their work and play.